

2025

Bridging Specialties: Cardio-Renal-Metabolic Multimorbidity in Focus

26 - 28 SEPTEMBER 2025

CATANIA



Room 13, floor -1,
Garibaldi-Nesima Hospital,
Catania, Italy

Bridging Specialties: Cardio-Renal-Metabolic Multimorbidity in Focus

CATANIA

26th September 2025, Friday

19:00-19:30 Introduction to the Course

Chairperson: Prof. M. M. Gulizia, Italy - Prof. Hayriye Esra Ataoğlu, Turkey

19:30-20:30 From Cardiovascular-Kidney-Metabolic Syndrome to Cardiovascular-Renal-Hepatic-Metabolic Syndrome: Proposing an Expanded Framework

Prof. Banu Büyük, Turkey - Prof. R. Scicali, Italy

20:30-21:00 Discussions

27th September 2025, Saturday

09:00-09:15 Session Opening

Chairperson: Prof. M. M. Gulizia, Italy

Welcome and introduction by chairs from Italy.

09:15-09:45 The Multimorbid Trajectory to Heart Failure: Recognizing and Interrupting the Decline

Dott. C. M. Ciampi, Italy

09:45-10:15 Management of Dyslipidemia

Prof. R. Scicali, Italy

10:15-10:30 Q&A

10:30-11:30 Managing Hypertension and Lipid Disorders for Cardiovascular Health in Italy and Turkey

Prof. Banu Büyük, Turkey - Prof. M. M. Gulizia, Italy

Panelists: *Dr. Tijana Antic, Serbia - Dr. Yunus Coşkun, Turkey - Dr. Giuseppina M. Francese, Italy - Dr. Aakash Fugooah, Mauritius*

11:30-13:00 Lunch Break



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27th September 2025, Saturday

13:00-14:00 From Risk Stratification to Comorbidity Prevention: Tailoring Therapy in Type 2 Diabetes
Prof. F. Frasca

14:00-15:00 Diabetes at the Crossroads of Multimorbidity: Beyond Glucose with Dapagliflozin in Cardiometabolic Risk Management
Prof. Hayriye Esra Ataoğlu, Turkey - Prof. M. M. Gulizia, Italy

Panelists: *Dr. Giuseppe Frazzetto, Italy - Dr. Ahmet Gök, Turkey, - Dr. Rita C. M. Intravaia, Italy - Dr. Zuzana Ludanyova, Czech Republic*

15:00-15:15 Q&A

15:15-16:00 Modulating Cardiometabolic Risk in Internal Medicine: From Lipid Lowering to Organ-Protective Therapies
Prof. R. Scicali, Italy - Dr Banu Yörük, Turkey

16:00-16:30 Prevalence and Overlap of Cardiac, Renal, and Metabolic Conditions
Dott. C. M. Ciampi, Turkey

16:30-17:00 Closing Remarks
Prof. F. Frasca, Italy - Prof. M. M. Gulizia, Italy

Panelists: *Dr. Vittorio Oteri, Italy - Dr. Luisa Spadaro, Italy - Dr. Norbert Tincu, Romania - Dr. Ahmet Uludağ, Turkey, - Dr. Giuseppe Volpe, Italy*

28th September 2025, Sunday

INTEGRATED MANAGEMENT IN PRACTICE

09:00-11:00 Clinical visit of endocrinology and diabetes and internal medicine and cardiology divisions

11:00-11:15 Q&A

11:15-12:00 Defining and Staging the CRHM Syndrome
Prof. Hayriye Esra Ataoğlu, Turkey - Prof. R. Scicali, Italy

12:00-13:00 Lunch Break 

13:00-13:30 Final Remarks & Discussions
Prof. Banu Büyük, Prof. F. Frasca, prof. M. M. Gulizia