

2025

Bridging Specialties: Cardio-Renal-Metabolic Multimorbidity in Focus

26 - 29 SEPTEMBER 2025

CATANIA



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Dear Colleagues,

It is with great pleasure that I welcome you to the "Bridging Specialties: Cardio-Renal-Metabolic Multimorbidity in Focus", to be held between **Friday, 26th September and Monday, 29th September 2025**.

This event will bring together leading experts from across the globe to discuss the evolving landscape of multimorbidity, with a focus on the interconnected challenges in cardiovascular, renal, hepatic, and metabolic health. The symposium will feature keynote lectures, clinical case discussions, and expert panels led by distinguished speakers from Turkey and Italy.

We are proud to host **130 participants from various countries**, including **50 esteemed physicians from Turkey**, who will contribute to enriching the scientific dialogue and fostering international collaboration.

The program will open with a keynote on the emerging Cardiovascular-Renal-Hepatic-Metabolic Syndrome and continue with sessions covering clinical trajectories, personalized risk management, and integrative therapeutic strategies in multimorbid patients.

Your participation in this event would be greatly valued as we work toward advancing shared understanding and improving patient outcomes through interdisciplinary care.

We look forward to welcoming you to this important and timely event.

Warm regards,

Michele M. Gulizia, MD, FACC, FANMCO, FESC
Head of Medicine Department
Head of Cardiology Division
"Garibaldi-Nesima" Hospital

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26th September 2025, Friday

- 19:00-19:30 Introduction to the course
Chairperson: Prof. Hayriye Esra Ataoğlu
- 19:30-20:30 From Cardiovascular-Kidney-Metabolic Syndrome to Cardiovascular-Renal-Hepatic-Metabolic Syndrome: Proposing an Expanded Framework
Speaker: Dr. Ahmet Gök
- 20:30-21:00 Discussions

27th September 2025, Saturday Morning Session: Clinical Perspective on Multimorbidity

- 09:00-09:15 Session Opening
Speakers: Prof. M. Gulizia (Catania), Prof. Hayriye Esra Ataoğlu
Welcome and introduction by chairs from Italy and Turkey.
- 09:15-10:15 The Multimorbid Trajectory to Heart Failure: Recognizing and Interrupting the Decline
Speaker: Dott. C. M. Ciampi
- 10:15-10:30 Q&A
- 10:30-11:30 Managing Hypertension and Lipid Disorders for Cardiovascular Health in Italy and Turkey
Speaker: Prof. Banu Büyük
- 11:30-13:00 Lunch Break 

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27th September 2025, Saturday Afternoon Session: Integrated Management in Practice

13:00-14:00 From Risk Stratification to Comorbidity Prevention:
Tailoring Therapy in Type 2 Diabetes
Speaker: Prof. F. Frasca (Catania)

14:00-15:00 Diabetes at the Crossroads of Multimorbidity: Beyond Glucose with Dapagliflozin in
Cardiometabolic Risk Management
Speaker: Prof. Hayriye Esra Ataoğlu

15:00-15:15 Q&A

15:15-16:00 Modulating Cardiometabolic Risk in Internal Medicine:
From Lipid Lowering to Organ-Protective Therapies
Speaker: Prof. S. Piro (Catania)

16:00-17:00 Closing Remarks

*Summary of key messages and future directions for collaborative care
in multimorbid patients.*

28th September 2025, Sunday

09:00-11:00 Clinical visit of endocrinology and diabetes and internal medicine and
cardiology divisions

11:00-11:15 Q&A

11:15-12:00 Defining and Staging the CRHM Syndrome
Speaker: Dr. Yunus Coşkun

12:00-13:00 Lunch Break



13:00-14:00 Final Remarks & Discussions
Speaker: Dr. Ahmet Uludağ